

ASSESSMENT of Collaboration and Community Partnership Opportunities

Collaboration and community partnership opportunities are important for the development of effective programming to support the participation of LSES mothers in physical activities and sports.

1. Are you currently collaborating or working in partnership with other organizations in your region/area? YES NO *If no, see solutions below.*

- If yes, in what capacity?
 - provide financial support
 - provide space for programs
 - subsidize a course
 - provide an instructor
 - offer free programs to LSES mothers
 - offer free daycare
 - offer affordable daycare on site (\$2/child)
 - donate and/or loan sporting goods and athletic equipment
 - other, please specify: _____
- What services or resources can YOU offer?
 - use of the kitchen
 - playground area
 - mothers' physical activity and/or learn to play sport programs
 - program and/or facility space (e.g. pool, gym, room, field, etc.)
 - organized sports for mothers (e.g. volleyball, soccer)
 - donate and/or loan sporting goods and athletic equipment
 - other, please specify: _____
- What services or resources can PARTNER agencies offer you?
 - use of the kitchen
 - playground area
 - mothers' physical activity and/or learn to play sport programs
 - program and/or facility space (e.g. pool, gym, room, field, etc.)
 - organized sports for mothers (e.g. volleyball, soccer)
 - donate and/or loan sporting goods and athletic equipment
 - other, please specify: _____

SOLUTIONS to increasing affordability, accessibility, availability and sustainability of physical activity and sport opportunities for LSES mothers:

- Collaborate and partner with other organizations and programs within your community: Public Health Unit, Parks and Recreation/Sport, YMCA-YWCA, Boys and Girls Club of Canada, Community Health Centres, Community Centres, Schools, Cultural Centres, Churches, Resource Centres, Public Parks, Sport Clubs and Leagues, etc.
- Work with local partners with experience in grant writing and project administration to create a collaboration plan.
- Partner with local and/or provincial agencies and movements aimed at increasing physical activity and healthy eating habits: Alberta Centre for Active Living, Active Ottawa Actif, Saskatchewan *in motion*, Everybody Active (BC Parks & Recreation / BC and Yukon Heart & Stroke), Heart & Stroke *Walkabout* (Nova Scotia), etc.